

21 NCAC 65 .0205 SUPERVISION OF A LICENSED RECREATIONAL THERAPY ASSISTANT

(a) The Licensed Recreational Therapy Assistant (LRTA) shall perform duties and functions under the clinical supervision of the Licensed Recreational Therapist (LRT). Once the LRT determines the LRTA has demonstrated competence to provide interventions, client documentation, and to make recommendations for program modification, the LRTA shall practice in accordance with ATRA SOP as referred to in Rule .0203 of this Section.

(b) Clinical supervision shall be performed in accordance with the ATRA SOP, including the following elements:

- (1) The Licensed Recreational Therapist shall:
 - (A) Determine the recreational therapy treatment plan and the elements of that plan appropriate for delegation to a LRTA;
 - (B) Determine whether the LRTAs acting under his or her supervision possess the competence to perform the delegated duties;
 - (C) Delegate responsibilities to the LRTA that are consistent with assessed competencies and within the overall LRTA scope of practice as defined and described in the most recent version of the ATRA SOP;
 - (D) Review chart documentation, re-examine, and reassess the patient or client and revise the recreational therapy treatment plan;
 - (E) Establish the recreational therapy discharge plan;
 - (F) Determine whether co-signature of chart documentation done by the LRTA is necessary for safe and effective care and treatment;
 - (G) Be available in-person or by telecommunication to the LRTA while the LRTA is in practice; and
 - (H) Be limited to clinically supervising only the number of LRTAs that provides safe and effective patient or client intervention at all times.
- (2) A Licensed Recreational Therapy Assistant shall:
 - (A) Assist in the practice of recreational therapy only to the extent allowed by the supervising LRT;
 - (B) Assist in the assessment of patient or client needs as set forth in the ATRA SOP and employer policy;
 - (C) Make modifications to the recreational therapy treatment programs that are consistent with the recreational therapy treatment plan and under the supervision of the LRT;
 - (D) Engage in off-site patient or client related functions that are appropriate for the LRTA's qualifications and assessed competency in consideration of the functional status of the patient or client; and
 - (E) Document patient or client care provided in accordance with written employer policy.
- (3) Prohibited Practice:
 - (A) A LRTA shall not engage in practices of a LRT; and
 - (B) A LRTA shall not engage in acts beyond the scope of practice delegated by the supervising LRT.

*History Note: Authority G.S. 90C-22(3); 90C-24(a)(1); 90C-24(a)(3); 90C-24(a)(6); 90C-24(a)(13);
Temporary Adoption Eff. December 1, 2005;
Eff. January 1, 2007;
Amended Eff. March 1, 2016;
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. October 21, 2018.*